



Early Childhood Education & Care Skilling Strategies Healthy Early Years Training Strategy Fact Sheet

What is the Healthy Early Years Training Strategy (HEYTS)?

The Healthy Early Years Training Strategy is a training resource to enhance health and hygiene practices in early childhood education and care. The HEYTS aligns to key health resources and the CHC08 Training Package. It supports the National Quality Agenda through the provision of training and professional development that aligns with the National Quality Standards, and the learning frameworks.

Who is involved in the HEYTS?

The HEYTS is funded by Queensland Health and is a collaborative project between Queensland Health, the Department of Education and Training and Workplace Health and Safety Queensland.

To access the HEYTS training

Educators/students:

Please contact your Registered Training Organisation in February, 2012.

Registered Training Organisations:

Please contact Rachel Coney:
Phone: 5457 1638
or Email: rachel.coney@deta.qld.gov.au

**Early Childhood Australia,
Queensland Branch
PO Box 685 Spring Hill QLD 4004
ecaql@earlychildhood.org.au**

What does it include?

- all modules have been reviewed by health technical experts against current best practice health and hygiene evidence
- current information relevant to Early Childhood Education and Care (ECEC) Services, that align with the new ECEC National Quality Framework and legislation
- content linked to recognised key ECEC and health resources
- designed to enable professional conversations about quality practices in ECEC
- practical and innovative training, learner-centred approach, service-based delivery model
- exploration of service policy, procedure, practice via a supporting policy/procedure manual
- professional development that can be credited in children's services programs: CHC30708, CHC50908 and CHC60208.

How can the HEYTS resources be delivered?

- accredited training
- professional development
- service-based delivery

Topics covered in the Healthy Early Years Training Strategy:

Module 1 - Hygiene Practices

1. Hand Hygiene
2. Cleaning the Service
3. Nappy Changing and Toileting
4. Dealing with Spills
5. Personal Hygiene

Module 2 – Infection Control

6. Infection Control & Infectious Diseases
7. Illness
8. Vaccination
9. Public Health Unit
10. Exclusion

Module 3 – Health and Safety

11. Health and Safety for Educators
12. Sun Safety

Module 4 – Healthy Eating and Physical Activity

13. Healthy Eating
14. Food Safety
15. Physical Activity

Module 5 Social & Emotional Wellbeing

16. Emotional & Psychological Development & Theory
17. Nurturing Relationships & Providing Responsive Care
18. Establish a Supportive Environment for Active Learning
19. Partnerships with Families

Module 6 – Injury Prevention and Safety Promotion

20. Provide a Safe Environment
21. Promote Safety Practices
22. Travel & Excursions
23. Emergencies
24. Supervision

The HEYTS resource will be available online at no cost to interested organisations in January 2012.