



**Early Childhood
Australia**
A voice for young children



Mindset matters

A Research in Practice Series title

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How to use this resource

This PowerPoint presentation has been designed to assist educational leaders in facilitating their team's professional learning related to the *Research in Practice Series* title: 'Mindset matters'.

The *Research in Practice Series* is designed to provide educators with research-based information and ideas to connect theory with practice. We have identified that, in many services, there is a need to extend on this knowledge and provide service-based professional learning. This PowerPoint presentation will provide an opportunity for your teams to discuss this resource and reflect on how it can be used within your service.

Please feel free to adapt this for use in your context, and consider it a starting point as you delve into this topic.



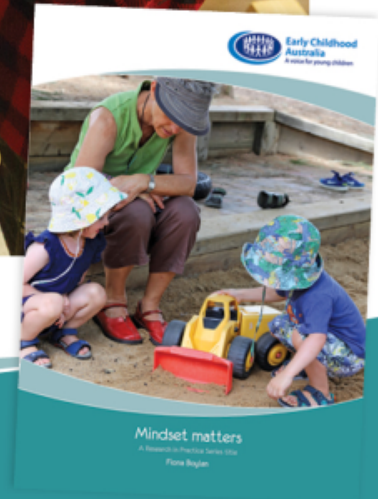
Links to the *National Quality Standard*

This book addresses the following elements of the NQS:

Quality Area 1: Educational program and practice
(1.1.1, 1.1.2, 1.2.1, 1.2.2 and 1.2.3)

Quality Area 3: Physical environment
(3.2.2)

Quality Area 5: Relationships with children
(5.1.1 and 5.2.1)



Developing mindsets in early childhood settings

- There is a strong relationship between social–emotional skills and positive life outcomes (Heckman & Kautz, 2012), and children need these skills ‘to adapt to today’s demanding, changing and unpredictable world’ (OECD, 2015, p. 1).
- Social–emotional skills include habits and mindsets such as self-regulation, executive function, intrapersonal skills, a growth mindset and a sense of agency that supports resilience and productive action (Darling-Hammond, Flook, Cook-Harvey, Barron & Osher, 2020).
- Mindset plays a powerful role in self-regulation, learning, motivation and achievement, so applying mindset theory can assist educators in increasing children’s agency in learning.

